

Welcome to the updated Cumbria road map, specially designed for coach drivers visiting the county.

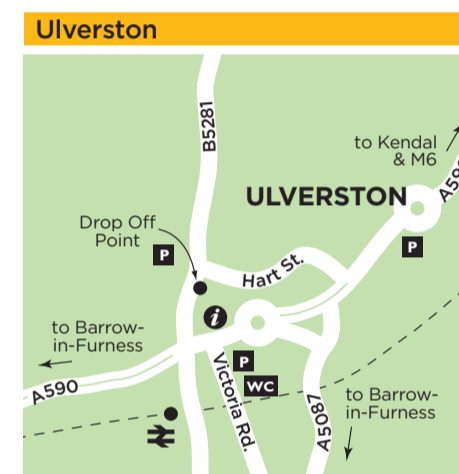
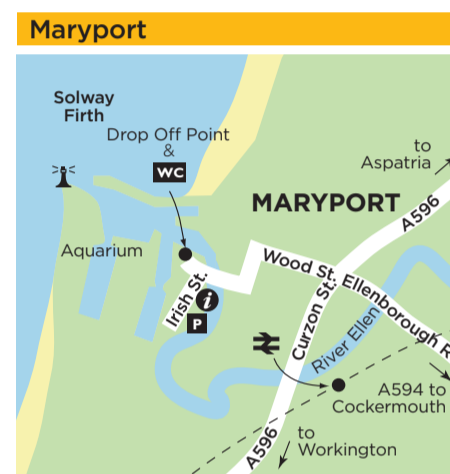
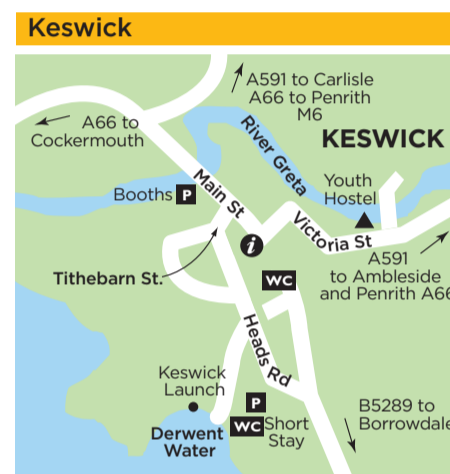
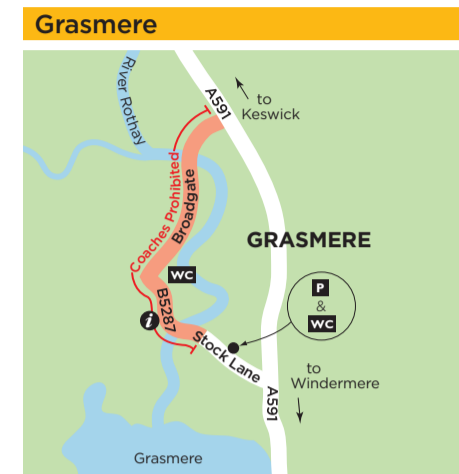
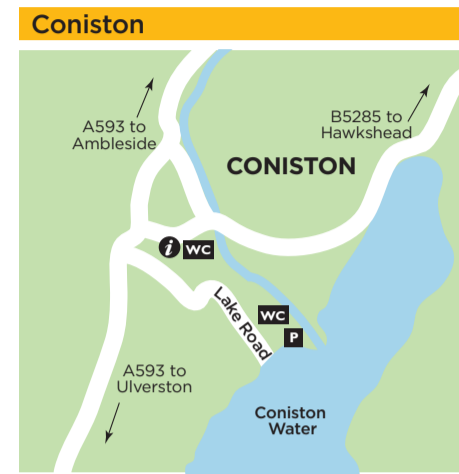
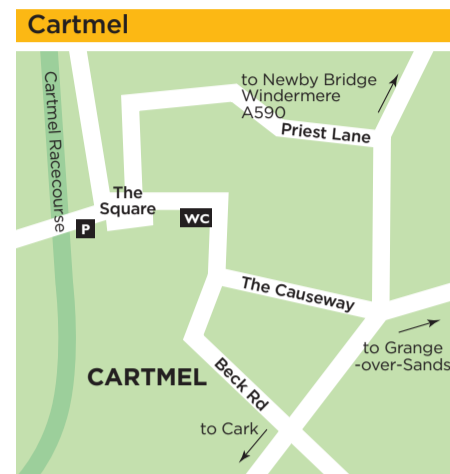
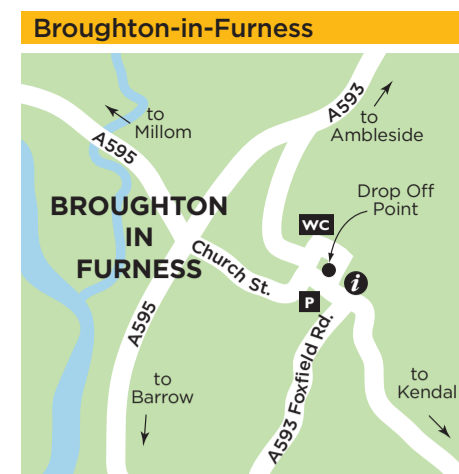
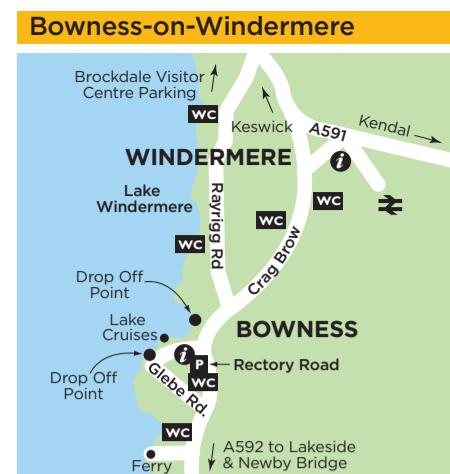
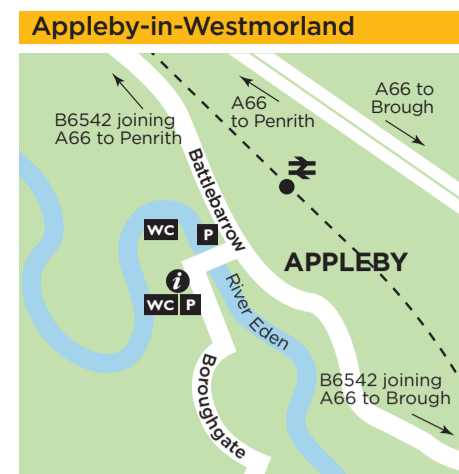
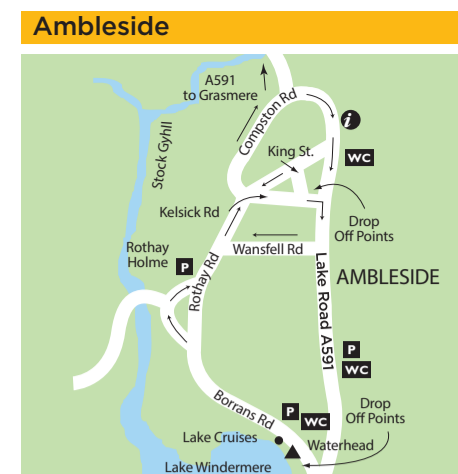
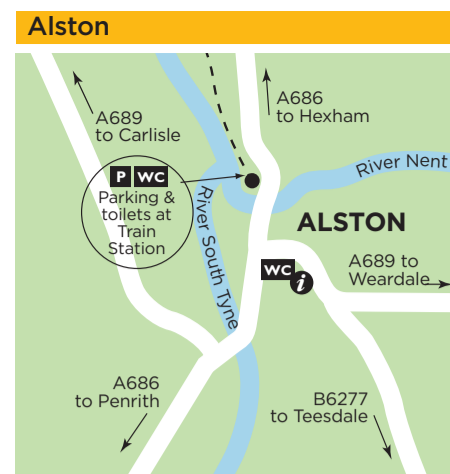
The map is in its fourth incarnation and this more complete version now includes a grading scheme of Cumbria's roads for coach usage, as recommended by local coach drivers. This has been created to make your visit to the county safe and easy. The beautiful character of the Lake District scenery is one of the main reasons your customers wish to visit and it is the very nature of this landscape which constrains the nature of our local roads - they can be narrow, steep and winding!

Cumbria - The Lake District is an area of outstanding natural beauty and for many, including your passengers, contains places for peace and relaxation. Please help preserve Cumbria as a place to live, work and visit by:

- Only parking your coach in a designated coach parking area, or a place where your coach will not cause obstruction or annoyance to local residents and other road users.
- Please do not leave your engine running when parked.
- During hours of darkness please remind your passengers, when leaving the coach, to respect local residents who may be asleep.
- If possible please plan your journey to take into account local conditions and events.

We ask that you please read the map and use it when planning your tour of the county. If you have any comments or feedback, please contact [info@cumbriatourism.org](mailto:info@cumbriatourism.org)

This is a small, helpful and compact guide, a useful tool for coaches visiting the area.  
Confederation of Passenger Transport UK (CPT) North Western



### Information Sites/Points



• Alston TIC	01434 382244
• Ambleside TIC	0844 225 0544
• Appleby TIC	017683 51177
• Bowness on Windermere IC	0845 901 0845
• Brampton TIC	01697 73433
• Brockhole, the Lake District VC	015394 46603
• Broughton in Furness TIC	01229 716115
• Carlisle TIC	01228 598596
• Cockermouth TIC	01900 822634
• Coniston TIC	015394 41533
• Egremont TIC	015394 41533
• Grange over Sands TIC	015395 34026
• Grizedale Forest VC	01229 860010
• Hawkshead TIC	015394 36945
• Kendal & South Lakeland TIC	01539 735891
• Keswick TIC	0845 901 0845
• Kirkby Lonsdale TIC	015242 71437
• Kirkby Stephen - Upper Eden VC	017683 71199
• Lanercost VC	016977 41267
• Penrith TIC	01768 867466
• Rheged (Cumbria Info)	01768 860034
• Sedbergh TIC	015396 20125
• Silloth TIC (Solway Coast DC)	016973 31944
• Ullswater TIC at Glenridding	0845 901 0845
• Windermere & Lake District TIC	015394 46499

Town	Postcode
Allonby	
Central Car Park	CA15 6QQ
Alston	
South Tynedale Railway Car Park	CA9 3JB
Ambleside	
Waterhead	LA22 0EN
Kelsick Road/Rothay Road	LA22 0BZ
Low Fold	LA22 0ND
Rothay Holme	LA22 0EE
Appleby	
Boroughgate (on-street coach bays)	CA16 6XE
Battlebarrow	CA16 6XR
Barrow-in-Furness	
Hollywood Park	LA14 1YD
The Dock Museum	LA14 2PW
Town Hall (opp Imperial Hotel)	LA14 2LG
Bowness-on-Windermere	
*Rectory Road (for Windermere Lake cruises)	LA23 3HQ
Glebe Road	LA23 3HE
Bowness Pier	LA23 3HJ
Brampton	
Union Lane Car Park	CA8 1BX
Talkin Tarn	CA8 1BHN
Broughton-in-Furness	
Station Road	LA20 6HN
The Square	LA20 6JB
Carlisle	
Devonshire Walk	CA3 8UL
Upper Viaduct Car Park	CA3 8AJ
Tullie House	CA3 8TP
Bridge Street	CA2 5SX
Warwick Road	CA1 2SB
Cartmel	
Racecourse	LA11 6QB
Cockermouth	
Wakefield Road	CA13 0HG
Coniston	
Main Car Park	LA21 8EH
John Ruskin School (outside school term)	LA21 8EW
Glenridding	
Genridding Car Park	CA11 0PD
Grange-over-Sands	
Windermere Road	LA11 6EG
Berners Close	LA11 7DQ
Grasmere	
Stock Lane	LA22 9SJ
White Moss Common (East)	LA22 9SE
Stickle Ghyll	LA22 9JY
Hawkshead	
Village Car Park	LA22 0NT

\*No charge for coach parking when visiting the attraction/venue: pre-booking preferred. Drop off points.

Town	Postcode
Kendal	
*Abbot Hall Art Gallery	LA9 5AL
Shakespeare Inn, Highgate	LA94HE
Blackhall Road Car Park	LA9 4BT
K Village Outlet Centre	LA9 7SH
Lakes Leisure (for K Village)	LA9 7HX
Kendal College	LA9 5AY
Kendal Town Football Club	LA9 7BL
Keswick	
*Booths Supermarket Car Park	CA12 5EA
Lakeside	CA12 5DJ
Kirkby Lonsdale	
Devil's Bridge	LA6 2DF
Dodgson Croft	LA6 2HG
The Square	LA6 2AN
Kirkby Stephen	
Faraday Road, near the Auction Mart	CA17 4QL
Maryport	
The Wave	CA15 8AD
Lake District Coast Aquarium	CA15 8AB
Newby Bridge/Lakeside	
*Fell Foot Park	LA12 8NN
*Lakeside	LA12 8AS
*Lakes Aquarium	LA12 8AS
Penrith	
Sandgate	CA11 7TP
Squares Retail Park	CA11 8NH
Ravenglass	
Village Car Park	CA18 1SQ
*Ravenglass & Eskdale Railway	CA18 1SN
Sedbergh	
Joss Lane	LA10 5AS
Settlebeck High School (outside school term)	LA10 5JJ
Silloth	
*Solway Coast Discovery Centre	CA7 4DD
Marshall Dock	CA74AB
Criffel Street	CA7 4AB
St Bees	
Foreshore	CA27 0BD
Ulverston	
King Street	LA12 7DZ
The Gill	LA12 7BN
Victoria Road	LA12 0BT
Booths Supermarket Car Park	LA12 7LB
Whitehaven	
South Shore	CA28 7LY
Lowther Street	CA28 7JS
Strand Street	CA28 7LF
Windermere	
*Brockhole, Lake District Visitors Centre.	LA23 1LJ
Workington	
Derwent Street	CA14 2DS

For full details of coach parking please visit [www.cumbria4coaches.co.uk](http://www.cumbria4coaches.co.uk)

#cumbria4coaches

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## Cumbria Coach Drivers' Map and Guide

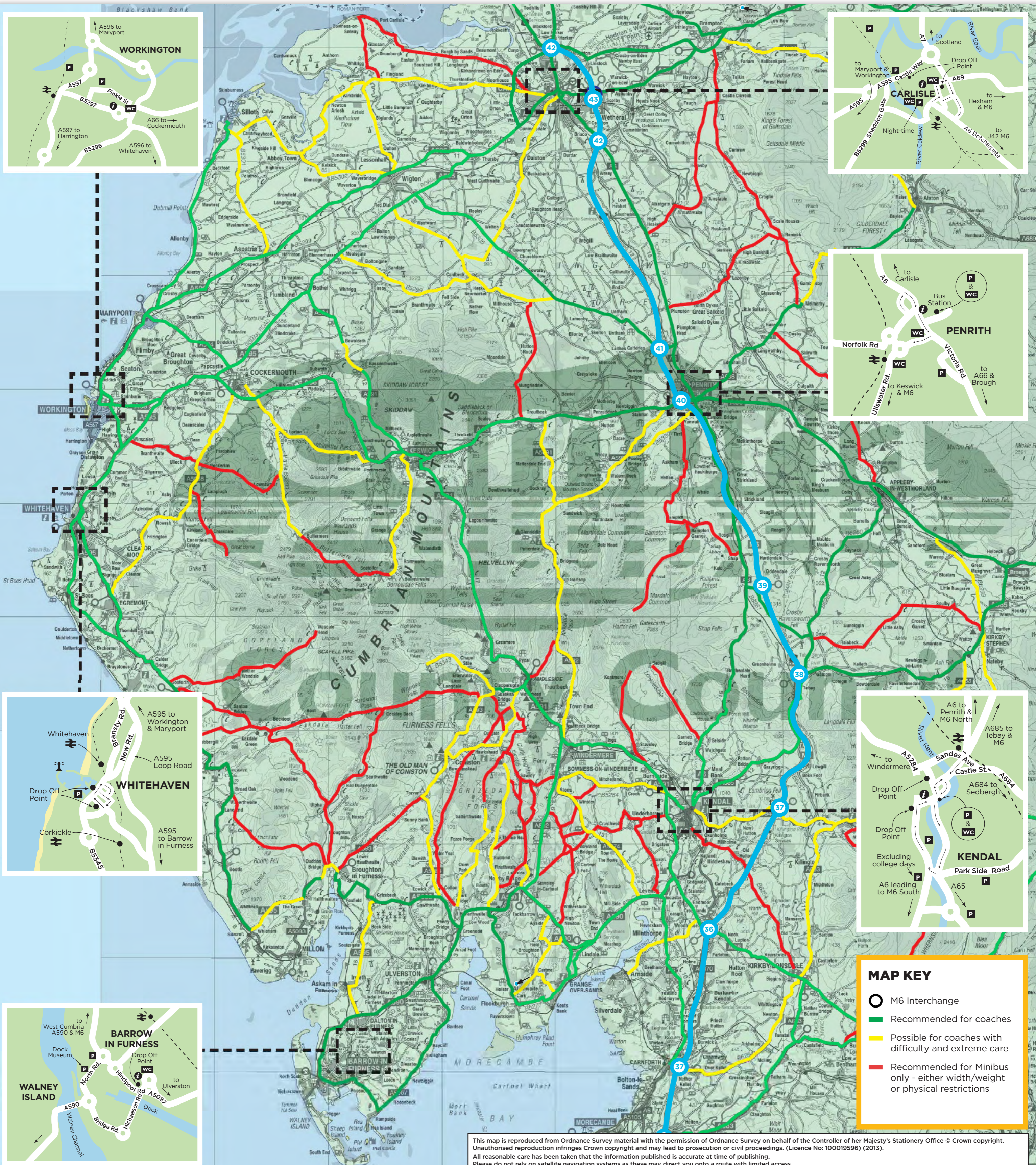


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Funded by the Department for Transport. Delivered in partnership by Cumbria County Council, Lake District National Park Authority and Cumbria Tourism

# Cumbria Coach Drivers' County Map



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## Roads with bends, gradients or restricted width which require additional consideration and caution.

- A591 Bothel to Keswick:** very narrow at Mirehouse.
- A592 Kirkstone Pass:** caution needed as large vehicles cannot pass one another on several stretches on both sides of the pass.
- A593 Ambleside to Conistone:** between Clappersgate and Skelwith Bridge narrow with passing places. Narrow over bridge. Special care needed between Skelwith Bridge and Conistone.
- A595 Dalton to Silecroft:** From Kirkby-in-Furness very narrow to Grizebeck, particular care over last quarter mile into Grizebeck. Between The Green and Silecroft care needed.
- A684 Kendal to Sedburgh:** Low bridge when leaving Kendal 12' 3" - follow signed large vehicle route. Hairpin bend on hill. Over motorway down to River Lune Bridge extreme care needed as this bridge is very narrow.
- A5074 Gilpin Bridge to Bowness-on-Windermere:** Road starts wide and flat but narrows extremely as soon as road begins to climb after approximately 1.5 miles. Very narrow past Damson Dene Hotel and through Winstler village until the road approaches Bowness-on-Windermere.
- A5084 Ulverston to Torver:** Very narrow at Water Yeat. Bad bend approaching Torver.
- A5086 Egremont to Cockermouth:** Narrow in places. Caution needed.
- A5091 Matteredale to Ullswater:** Very narrow between Dockray and Matteredale.
- A5092 Duddon Bridge:** Traffic light controlled bridge, then extreme care from bridge through Duddon Bridge Farm and up Buckman Brow Hill.
- B5285 Conistone to Hawkshead and Hawkshead to Clappersgate:** Due to difficulties when encountering oncoming traffic drivers are encouraged to travel from Conistone to Hawkshead and not the other way round. Approximately 1 mile after leaving Conistone the road narrows through a series of bends where it is not possible to pass other vehicles. Extreme caution needed along all of this route.
- B5289 Buttermere:** This is not recommended for vehicles over

## DISTANCES

APPLEBY										
35	ALSTON									
42	53	AMBLESIDE								
62	87	32	BARROW-IN-FURNESS							
46	57	6	26	BOWNESS-ON-WINDERMERE						
39	19	58	93	63	BRAMPTON					
59	85	26	20	21	82	BROUGHTON-IN-FURNESS				
45	69	22	22	16	75	18	CARK-IN-CARTMEL			
32	28	52	85	55	10	81	68	CARLISLE		
43	50	31	62	36	35	50	52	26	COCKERMOUTH	
55	59	8	24	13	61	37	29	60	37	CONISTONE
41	48	4	36	10	54	31	26	49	27	8 GRASMERE
50	58	5	28	10	70	28	26	57	35	11 9 HAWKSHEAD
36	52	14	35	11	58	30	18	52	44	21 18 18 KENDAL
29	36	16	47	22	41	45	37	36	15	21 13 21 29 KESWICK
48	58	26	40	23	65	35	23	60	69	33 30 30 14 42 KIRKBY
63	70	14	19	9	75	16	9	70	45	18 19 19 17 30 23 LAKESIDE
51	55	38	70	44	37	51	59	28	8	53 34 44 51 22 77 52 MARYPORT
14	20	33	64	38	27	68	51	22	31	38 29 37 29 17 40 51 38 PENRITH
47	51	50	83	65	33	63	84	23	67	46 56 80 34 73 65 12 35 SILLOTH
65	77	22	10	16	83	11	11	77	52	14 26 26 24 37 30 9 59 58 71 ULVERSTON
57	64	45	56	50	47	57	53	39	15	45 40 59 58 27 83 51 16 45 27 48 WHITEHAVEN
32	56	5	27	1	58	25	17	57	35	12 9 9 9 21 21 10 43 37 55 17 49 WINDERMERE
51	57	38	60	44	41	44	59	33	8	43 34 43 52 22 76 52 7 38 19 58 9 42 WORKINGTON